Excel Keyboard Shortcuts for Mac

The 28 shortcuts to know first

ShortcutFoo

Entering Data

Enter	Enter and move down
Shift + Enter	Enter and move up
Tab	Enter and move right
Shift + Tab	Enter and move left
Ctrl + ;	Insert current date
Ctrl + D	Fill down from cell above

Navigation

Right	Move one cell right
Left	Move one cell left
Up	Move one cell up

Active Cell

Shift + Backspace	Select active cell only
Cmd + Backspace	Show the active cell on worksheet
Ctrl + .	Move active cell clockwise in selection

Formatting

Cmd + 1	Format anything
Ctrl + Shift + F	Display format cells with font tab selected
Cmd + B	Toggle bold

Row / Column Operations

Ctrl + I	Insert rows / columns
Ctrl + -	Delete rows / columns
Ctrl + 0	Hide columns

General

Cmd + /	Open help
Cmd + Z	Undo last action
Cmd + Y	Redo last action
Cmd + C	Copy cells

Selection

Shift + Space	Select entire row
Ctrl + Space	Select entire column
Cmd + A	Select entire worksheet

Extend Selection

Shift + Right	Extend selection one cell right
Shift + Left	Extend selection one cell left
Shift + Up	Extend selection one cell up

See all 137 shortcuts and practice them free

shortcutfoo.com/app/dojos/excel-mac

Typing drills + spaced repetition