Blender Keyboard Shortcuts for Mac

The 32 shortcuts to know first

ShortcutFoo

Essentials

G	Move (grab) the selection
R	Rotate the selection
S	Scale the selection
A	Select all
Tab	Toggle Edit Mode

Object tools

Opt + D	Duplicate linked
Ctrl + J	Join objects
Ctrl + P	Make parent
Opt + P	Clear parent

Edit Mode

1	Vertex select mode
2	Edge select mode
3	Face select mode
E	Extrude

Animation

Space	Play or pause animation
Ctrl + Shift + Space	Play animation in reverse
Right	Next frame

Viewing

Home	Frame all
Z	Viewport shading pie menu
Shift + Z	Toggle wireframe shading
Opt + Z	Toggle X-ray

Selection

Ctrl + I	Invert selection
B	Box select
C	Circle select
Shift + G	Select grouped

Transform control

GX	Move along the X axis
GY	Move along the Y axis
GZ	Move along the Z axis
G Shift + Z	Move on the XY plane (lock Z)

Advanced modeling

Opt + E	Extrude menu
Ctrl + Shift + B	Bevel vertices
V	Rip vertices
Y	Split selection

See all 88 shortcuts and practice them free

shortcutfoo.com/app/dojos/blender-macos

Typing drills + spaced repetition